



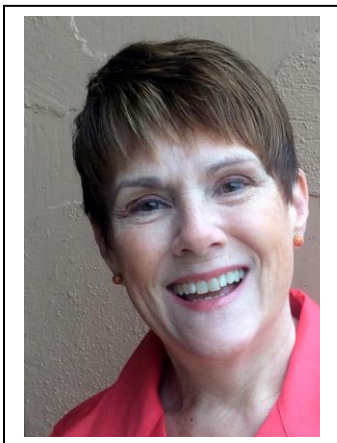
Coachella Valley  
Watercolor Society

# Brush Up January 2022

\* **NOTE:** In Person Meeting on January 10th

## HAPPY NEW YEAR!

### January Demonstrator: Risë Parberry



Risë Parberry graduated from the University of Idaho with a Bachelor of Arts Degree with a painting emphasis and received a secondary teaching certificate from Boise State University. She continued her studies with several nationally known artists and teachers, increasing her interpretive and technical vocabulary. During the twenty-five years that she and her husband Gary operated their grain farm in northern Idaho, Risë taught painting in oil and watercolor through the Washington State Community College, the Spokane Parks and Recreation Center, as well as various watercolor societies.



*Liquification* by Risë Parberry

She is a juried signature member of both the Northwest Watercolor Society and the San Diego Watercolor Society, a Juried Member of Watercolor West and has been included in many International Juried Exhibitions including the American Watercolor Society Annual Exhibition. Her painting, *Liquification*, received second place in the Watercolor West International Juried Exhibition.

Since moving to Pacific Beach 20 years ago, Risë has been active in the San Diego Watercolor Society and is a past president.

Once a traditional realistic watercolorist, Risë currently creates more abstract paintings using granulating and liftable watercolor pigments on 140# or 300#, Rough, Bright White Arches Watercolor Paper.

*“Sedimental Journey”* was awarded a Juror’s Commendation in the August San Diego Watercolor Society Exhibition. The painting is an example of granulating and lifting pigments and if you would like to learn more, Risë is teaching a Textural Watercolor workshop for SDWS in March 2022. Check out [www.sdws.org](http://www.sdws.org) for more information.



*Sedimental Journey* by Risë Parberry

# President's Message



## CVWS 2021 – 2022 Officers

### President:

Robin St. Louis

### Exec. VP:

Diane Archie Moore

### Programs:

Moira Johannessen

### Shows:

MaryAnne Brower,  
Tracy Hartman

### Publicity:

Marilyn Blitz

### Treasurer:

Cindy Mason

### Secretary:

Alicia Siegler

### Newsletter:

Jean Grover

### 2021-2022 Committee Chairs:

#### Website:

Lance Brechbill

#### Equipment:

John Ressler

#### Field Mice:

Sue Ober

#### Historian:

Joyce Kingman

#### Hospitality:

Elaine Trei

#### Life Drawing:

Elaine Trei, Vera Knowles

#### Membership/Directory:

Connie Collins

#### New Member Liaison: *Open*

#### Painter of the Month:

Charlie Lerner

#### Raffle:

Tracy Hartman

#### Sunshine:

Cindy Green

#### DVD Chair: *Open*

#### Workshops:

Carolyn Romer, Alicia Siegler,  
Nancy Rizzardi

#### Special Activities: *Open*

Grants: Sunny Patton

Happy New Year!

We're all very excited that we will get to have our first in-person meeting in a long time on January 10. Our demonstrator will be Risë Parberry and we will be able to look at the Painter of the Month entries and vote for them at the meeting, just like the good old days.

In order to keep everyone safe, we will require Proof of Vaccination and ID at the door, and everyone will need to wear masks. The board has decided that a negative COVID test before the meeting is not sufficient, so you must have a vaccination card. It will be so nice to see you!

We have a spot open on the Board that should only require time in January and February, so if you're thinking that you'd like to get more involved but are concerned about taking on an ongoing commitment throughout the year, this might be the position for you. The position is Nominating Chair, and it involves identifying (with help) CVWS members who might like to join the Board, then calling them with the help of Connie Collins, Marilyn Blitz and me. You won't be on your own!

As we all know, CVWS is an all-volunteer organization and we only exist because people take turns stepping up and chipping in. The upside is that it's truly satisfying and fun to get to know your fellow members and board members. I hope you'll email me at [robinmstlouis@gmail.com](mailto:robinmstlouis@gmail.com) if you think you can donate a few hours to CVWS as either the Nominating Chair or in another board position. We'll be very happy to have you.

See you soon!

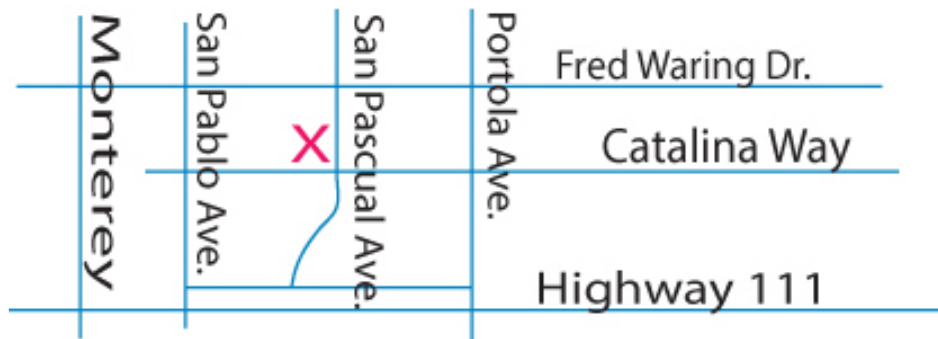
Robin

# Our January Meeting



*Please join us for the next  
Coachella Valley Watercolor Society Meeting  
In person at the Joslyn Center  
On January 10, 2022  
6:00 PM, Social 6:30 PM, General Meeting  
Proof of Vaccination and ID at the door  
Everyone will need to wear masks.*

Joslyn Center is located at 73750 Catalina Way, Palm Desert, CA 92260. It is about half way between San Pablo Avenue and Portola Avenue; south of Fred Waring Drive and north of Highway 111. You can access from either San Pablo or Portola.





Have You Made Your 2022 Resolutions Yet?

CONSIDER BEING A VOLUNTEER



Mary Anne Bower, Show Chair

#### **WHY I VOLUNTEER**

I was new to CVWS and took an empty seat at a meeting. The person next to me had agreed to be show chairperson and did not know many people either. She asked if I would do it with her. I wanted to get to know more people and said yes.

I am so glad I did as I have met so many wonderful people. I am particularly impressed with how many people are willing to help with the show.

By volunteering, I have made good friends and would recommend it to everyone. Even if you volunteer for a small role, I think you will enjoy it. The CVWS is a great organization and supports us with our art.

## The Surprising Benefits of Volunteering



**Volunteering time makes you feel like you have more time.** Wharton professor Cassie Mogilner wrote in the Harvard Business Review that her research found those who volunteer their time feel like they have more of it. Said Mogilner: “The results show that giving your time to others can make you feel more ‘time affluent’ and less time-constrained than wasting your time, spending it on yourself, or even getting a windfall of free time.”

**Volunteering your body helps you have a healthier body.** A Corporation for National & Community Service report noted: “Research demonstrates that volunteering leads to better health... those who volunteer have lower mortality rates, greater functional ability, and lower rates of depression later in life than those who do not volunteer.”

**Volunteering makes you happier.** Researchers at the London School of Economics examined the relationship between volunteering and measures of happiness. They found the more people volunteered, the happier they were. Volunteering builds empathy strengthens social bonds and makes you smile.

- From a 2015 Forbes article by Mark Horoszowski

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*“Service to others is the rent you pay for your room here on earth.”*  
- Muhammad Ali

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# Painter of the Month

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## A Note from Charlie Lerner, Painter of the Month Chair:

*Hi CVWS Members,*

*As announced at the December general meeting our January meeting will be live and in person at the Joslyn Center!*

*That means that Painter of the Month will be as we did it in the past, live!*

*For those new members who have not attended a live meeting, this is how we have done Painter of the Month:*

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- *People signed up at the meeting for the next month.*
  - *Then they brought their paintings, (framed or matted with backing) to the next meeting.*
  - *We voted on the paintings at the meeting.*
  - *Then during the business portion of the meeting, we announced the winners and ribbons were given out.*
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*So, to get things started, please email me starting now, if you want to enter in January and I will put you on the list.*

*We have 13 spots available.*

*I look forward to getting your names and having our meeting live!*

*Best,*

*Charlie*

*[cmlcolor@mac.com](mailto:cmlcolor@mac.com)*

*714 724 1210*



# Plein Air

with Sue Ober

Greetings Field Mice and all potential Plein Air Painters,

Your January schedule is included below.

I thought I would let all CVWS members know of the Desert Plein Air Association. They are a plein air group in the valley dedicated to outdoor painting. It includes all mediums.

In February they are planning a Plein Air Festival. Please check out their website and/or Facebook page for more information: [www.desertpleinair.org](http://www.desertpleinair.org)

They are looking for volunteers so if you can help, contact Tracey Hartman at [lookinguplife@gmail.com](mailto:lookinguplife@gmail.com)

Thanks,

Sue Ober, [watertonsue@gmail.com](mailto:watertonsue@gmail.com)



## January 2022 Field Mice Schedule

**January 4 - General S Patton Park - Indio**  
83700 Avenue 43, Indio

**January 11 - Moorten Botanical Gardens - Palm Springs**  
1701 South Palm Canyon Drive, Palm Springs

*We haven't been here in a while as it was closed due to Covid. They are open again, and we are welcome. They open in the morning at 10:00 but would be willing to let us in at 9:00. Please be prompt. There is a \$5 entry fee that hasn't increased in a number of years!*

**January 18 - Lake Cahuilla - La Quinta**  
58075 Jefferson St., La Quinta

*A fee is also required for this location; it could be a carpool day!*

**January 25 - Faye Sarkowsky Sculpture Garden - Palm Desert**  
72567 Highway 111, Palm Desert

# Why Take an Art Class?

Submitted by Suzy Voss

You may not think so at the time, but there will be moments when you're in front of your easel, brush poised... a lesson will whisper to you... something a teacher passed along... that will help you over your creative hump.

*But did you also realize that art classes can.....*

- ✓ Enhance fine motor skills and dexterity (may help prevent pain & stiffness)
- ✓ Improve hand-eye coordination and visual-spatial skills
- ✓ Help with problem solving and lateral thinking
- ✓ Increase creativity and open-mindedness
- ✓ Encourage risk taking
- ✓ Help you learn from mistakes
- ✓ Open the mind to other possibilities
- ✓ Relieve stress and promote relaxation
- ✓ Awaken imagination
- ✓ Increase confidence and perseverance
- ✓ Rekindle a passion
- ✓ Communicate information or make a social statement
- ✓ Turn energy into something beautiful
- ✓ Express feelings, thoughts, and observations
- ✓ Stimulate the release of dopamine
- ✓ Train the eyes to really see an object
- ✓ Foster friendships and joy of sharing ideas with other artists

Creative expression is a critical part of our human experience! And all this time you thought art classes weren't important! I'll see you in class!



**REGISTER NOW FOR THIS EXCITING WORKSHOP!!!**

**Acrylic and Mixed Media Artist**

**JOAN FULLERTON**

[www.joanfullerton.com](http://www.joanfullerton.com)

**“Intuitive Mixed Media”**

**February 15 -18, 2022**

**9:00 a.m. - 4:00 p.m. PST**

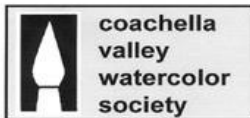


Join us for inspiring demonstrations, lectures, encouragement and practice. You'll learn how to coax hints of reality from an abstract background, how to integrate collage imagery, how to control values and colors for emotional emphasis, and how to suggest rather than delineate. You'll explore working intuitively, responding to what shows up, working in a series, mixing and utilizing neutrals for softer, more ethereal abstracts. There will be plenty of time for "playing" and creating along with individual attention and guidance.

Joan is especially gifted in helping students gain more freedom in the creative process and discover their own unique artistic voice. She believes that people are more open to learning and inspiration when they are having fun, so her workshops are filled with laughter and lightness. A multitude of approaches and techniques will give beginners encouragement and confidence, while more advanced students will benefit from Joan's insightful solutions to their artistic challenges.

*Please note: Places in Joan Fullerton's courses sell out very quickly so early booking is advised. A material list will be provided.*

**Live 4 day workshop      All skill levels!**



coachella  
valley  
watercolor  
society

**Sponsored by the Coachella Valley Watercolor Society**

**\$ 600.00 members, \$ 650.00 non-members**

**Proof of vaccination against COVID-19 required**

**Sign up at: [www.cvws.org](http://www.cvws.org) and pay with Pay Pal/ or Credit/Debit Card**

**Materials List upon registration**

**Held at the Best Western, Palm Desert**  
**74-694 Hwy. 11, Palm Desert, CA 92260**  
**(760) 340-4441**

**For additional information Contact:**

**Alicia Siegler or Nancy Rizzardi**  
**[aliciacs@gmail.com](mailto:aliciacs@gmail.com)    [nancyrizzardi@gmail.com](mailto:nancyrizzardi@gmail.com)**  
**(605) 207-0585    (805) 338-4802**





Save the Date!

## “Painting Fresh & Expressive Watercolors”

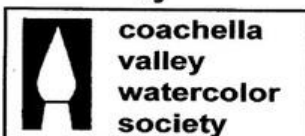


**Tom Francesconi** AWS, NWS

[www.tomfrancesconi.com](http://www.tomfrancesconi.com)

**3 - Day ZOOM Watercolor Workshop**  
**March 15 - 17, 2022**  
**9:00 a.m. - 4:00 p.m. PST**

Sponsored  
by



coachella  
valley  
watercolor  
society

**\$250.00 members**  
**\$275.00 non-members**



Emphasis will be on creating stronger paintings through a better understanding of value relationships, color, and design. Tom will share his thoughts about these topics and how they can play a more meaningful role in our paintings. During the workshop, Tom will share specifics of how he creates loose, interpretive watercolors that entertain and delight the eye. Tom endeavors to create a workshop atmosphere that is relaxed with a focus on exploration and discovery. Subjects for this workshop will include a landscape, urban scene, and the figure. Each morning begins with a discussion about the day's topic, followed by a full demonstration where Tom always encourages lots of questions. Afternoons are reserved for student painting time during which Tom attends to each student individually. Every day will end with a class critique. Bring your smile!

**Sign up at: [www.cvws.org](http://www.cvws.org) & pay with PayPal or Credit/Debit Card**

**Limited to 24 students.**  
**Materials list upon registration.**

**For additional information Contact:**  
**Alicia Siegler**  
**[aliciacs@gmail.com](mailto:aliciacs@gmail.com)**  
**(605) 207-0585**

# Membership

## *IT'S NEVER TOO LATE TO JOIN THE CVWS*

We had a great response to our fall membership drive and  
*we welcome new members throughout the year!*

Anyone wanting to join can go to our website and click the tab "JOIN OR RENEW MEMBERSHIP"  
at <https://cvws.org>

## Benefits of CVWS Membership

- Receive links to Zoom meetings and /or attend live meetings; watch outstanding nationally known artists demonstrate their painting techniques
- Enter/vote/view our Painter of the Month exhibitions and the annual Painter of the Year in May 2022
- Enter our 32nd Annual Show and Sale at the beautiful Artists Center at the Galen in Palm Desert in April 2022 (used to be the satellite museum of the Palm Springs Art Museum)
- Enjoy member discounts at our outstanding workshops
- Access the "Members Only" section of our website

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## Are You New Member of the CVWS?

*We'd like to get to know you!*

If you have joined the Coachella Valley Watercolor Society in the last two years and have not previously been featured in a "New Member Profile" article, please send an email to [cvwsnewsletter@gmail.com](mailto:cvwsnewsletter@gmail.com) and tell us about yourself and your art journey. For example, your earliest memory of creating, what you love about making art, when you decided to say out loud, "I am an artist", your favorite medium or technique, or anything else art-related you'd like us to know about you. Remember to send a photo of yourself and a painting.

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# Odds & Ends

## Save the Dates! Get your paintings ready.

Great news! Next year's annual show will be held at The Galen in Palm Desert.

Intake for paintings is Thursday, March 31, 2022.

The reception will be held Friday evening, April 1, 2022.

The show will take place Saturday and Sunday, April 2nd and 3rd. Any unsold paintings need to be picked up on Sunday evening.

Details and application forms will be on the website <https://cvws.org/> in January.

We hope everyone will enter.

## We have a new Sunshine Chair: Welcome, Cindy Green!

If you hear of someone who needs a bit of cheer or support, please contact our new Sunshine Chairman, Cindy Green at (425) 765-9509 or [cindynwrs@seanet.com](mailto:cindynwrs@seanet.com)

*Also, we'd like to thank our former Sunshine Chair Pam Waterman for doing such a great job spreading sunshine in our CVWS community. We wish you the best, Pam.*

## PLEASE SHARE YOUR SUCCESSSES ...they inspire us!

*If you have good news that you'd like to share about your creative life (an award, acceptance into a show, etc.) please send an email and photo to:*

[cvwsnewsletter@gmail.com](mailto:cvwsnewsletter@gmail.com)



### Editor's Note:

If you have a topic or feature that you'd like to see included in the CVWS newsletter, or on the CVWS.org website, please send an email to: [cvwsnewsletter@gmail.com](mailto:cvwsnewsletter@gmail.com)

## Many CVWS members offer excellent painting instruction and classes. Call for information:

Ian Cooke	760 408 3313
Bob Hannah	206-409-9786
Karin Harris	808-268-0847
Moira Johannessen	760-322-2523
Pat Kodet	530-388-8241
Diane Morgan	760-902-8855
Sonja Price Ravet	425-747-6748
Kathleen Scoggin	503-515-9633
Kirsten Olsen Stone	808-469-2092
Connie Zane	775-846-9719

